

## Kyra's 14 Career Lessons

- Anytime you're in front of a crowd, it's an opportunity to build your brand.
- Things will not just happen because you enjoy something. You have to make plans to achieve anything you want.
- When you are making a career pivot, be kind to yourself and reach out to people in your network for help.
- Let an unexpected change at work push you to figure out what you want to do next with your career. By doing so - it gives you agency over your career even though you didn't initiate the change.
- When you pivot to a new area, it's important to demonstrate related work experiences. If you don't have related work experiences, show the employer that you are willing to learn.
- Figure out which customers you want to help most (and you'll always love your job).
- Fear (at work) can be a good thing - it means you're trying something that is pushing you out of your comfort zone.
- Allow your journal to serve as a barometer for when you need to make (career) changes.
- Education is more than just going to classes (the experiences you've had in school can shape your career choices).
- Anytime you're an "only" - where that only label could be related to age, race, gender identity, a student living outside of your home country, etc. - Having social support is of the utmost importance!
- Travel overseas as much as you can - It opens up your ability to learn and connect with people across cultures. Plus, it makes you more marketable.
- An organization may not commit to a full-time role. But if you're offered a paid internship or apprenticeship - go for it.
- You must have an identity outside of work.
- Stay in touch with people by sending out New Year's greetings (e.g. texts, cards).