




Prof. Adam Kirton – University of Calgary, Canada

# Pediatric Stroke

## Cerebrovascular Injury in the Developing Brain



**Prof. Adam Kirton, MD MSc FRCP**  
Professor of Pediatrics, Radiology  
Clinical Neurosciences  
University of Calgary, Canada

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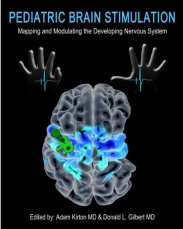
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### Disclosures

- ▶ Brain stimulation is experimental
- ▶ Therapeutic applications off label
- ▶ Editor, *Pediatric Brain Stimulation*
- ▶ Boards and Scientific Advisory: HSFA, ICNA, BBC, CSBPG, CB
- ▶ Funding: CIHR, AIHS, HSFC, HSFA, CPRA, CPIRF, HBI, CSOM, VRPRI, NDN



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### Learning objectives

-   
Recognize the presentations, causes, and management of stroke in neonates and children
-   
Appreciate the role of developmental neuroplasticity in determining the diverse range outcomes that occur

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**Strokes can happen at any age**

Pediatric strokes can occur in infants, children, and even before birth

<b>Perinatal stroke</b> Last few months of pregnancy to 1-month-old	<b>Childhood stroke</b> 1-month-old to 18 years	
 Last few months of pregnancy	 1-month-old	 18 years

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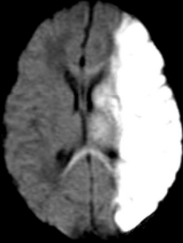
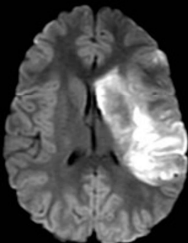
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**Diffusion MRIs of young stroke patients**

 1-day-old	 12-year-old
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*"Pressing issues and promising directions"*

**Paediatric stroke: pressing issues and promising directions**

Adam Kirton, Gabrielle deVeber Lancet Neurol 2015; 14: 92-102

- ▶ Acute treatment dilemmas in childhood stroke
- ▶ Advances in childhood cerebral arteriopathy
- ▶ Neurorehabilitation: harnessing the plasticity of the developing brain
- ▶ Perinatal stroke: searching for disease biology
- ▶ Neonatal CSVT: diagnostic challenges in a treatable disease
- ▶ Translating knowledge: patients, parents, policy makers

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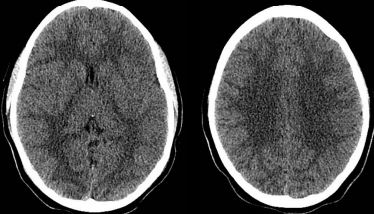
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Example: 9-year-old

- ▶ 9-year-old girl
- ▶ Collapsed, weakness on her right side, drowsy, trouble speaking
- ▶ According to acute stroke protocol, she immediately went to CT scanning



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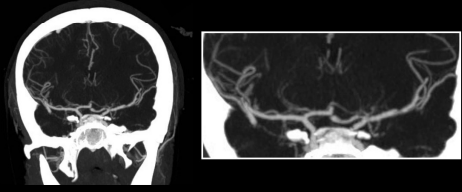
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Example: 9-year-old

- ▶ CT angiogram - acute ischemic stroke in the left MCA territory
- ▶ Treatment: inter-venous tPA and considered for interventional therapy (used in adults but it's still experimental in children)



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Acute intervention in ischemic stroke



TIME IS BRAIN

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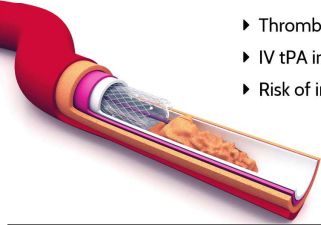


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### Acute intervention in ischemic stroke

**Use of alteplase in childhood arterial ischaemic stroke: a multicentre, observational, cohort study**

Catherine Amiel-Lefond, Gabriella deVéber, Anthony K Chan, Susan Benedict, Timothy Bernard, Jessica Carpenter, Michael M Dowling, Heather Fullerton, Collin Hovings, Adam Kirton, Warren Lu, Khalid Zamel, Rebeccaichand, for the International Pediatric Stroke Study  
Lancet Neurol 2009; 8: 530-36



- ▶ Thrombolysis is adult standard
- ▶ IV tPA improves outcomes (NNT ~6)
- ▶ Risk of intracerebral bleeding: 2-8%

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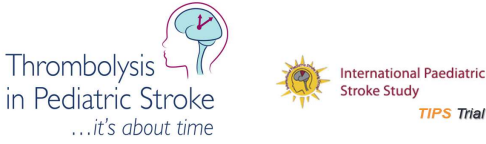
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### Thrombolysis in Pediatric Stroke

...it's about time



- ▶ Dose escalation safety trial
- ▶ Children 2-18 with severe stroke
- ▶ IV tPA within 4.5 hours

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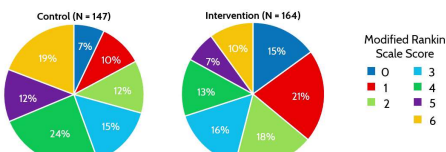
### The ESCAPE trial

ORIGINAL ARTICLE

**Randomized Assessment of Rapid Endovascular Treatment of Ischemic Stroke**

M. Coyil, A.M. Demchuk, B.K. Menon, M. Ensa, J.L. Rempel, J. Thornton, D. Roy, T.G. Jovin, R.A. Willinsky, B.L. Sapkota, D. Dowlatbahi, D.F. Frei, N.R. Kamal, W.J. Montaner, A.V. Poppe, K.J. Rockswold, F.L. Silver, A. Shaikh, D. Tampieri, D. Williams, C.V. Bang, B.W. Baxter, P.A. Bates, H. Choo, J.H. Heo, C.A. Holmstedt, B. Jankowitz, M. Kelly, G. Linares, J.L. Mandria, J. Shankar, S.-i. Sato, K.H. Szefer, P.A. Barber, S.B. Cousins, E.C. Sirois, W.F. Morrison, A. Weill, S. Subramanian, A.P. Mishra, J.H. Wong, M.W. Lowenstein, T.T. Sasaki, and M.D. Hill for the ESCAPE Trial Investigators

N ENGL J MED 372:11 NEJM.ORG MARCH 12, 2015



Score	Control (N=147)	Intervention (N=164)
0	7%	10%
1	10%	15%
2	12%	21%
3	15%	18%
4	24%	13%
5	19%	7%
6	10%	10%

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### Protocol for children presenting with acute stroke

**ACUTE CARE PATHWAYS: ISCHAEMIC**

**ACUTE CARE PATHWAYS: HAEMORRHAGIC**

**POST-ACUTE CARE PATHWAYS**

▶ Acute care pathways are being defined for children with stroke

11 See 'Links' tab for access

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### Stroke treatment timeline

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### Neuroprotection

- ▶ Airway and Breathing
- ▶ Circulation - CPP = MAP - ICP
- ▶ Sedation - minimize CMRO2
- ▶ Seizures - control, monitor
- ▶ Temperature - euthermia
- ▶ Infection - find and Tx
- ▶ Glucose - euglycemia
- ▶ ICP - medical, surgery

Hutchison et al., *Seminars in pediatric Neurology* . 2004;11:139-146

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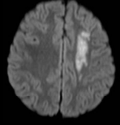
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### Neuroprotection: 5-year-old

- ▶ 5-year-old boy
- ▶ Mild hemiparesis and unusual headache
- ▶ MRI - ischemic injury in the white matter, MRA - drop of flow in the internal carotid and middle cerebral arteries
- ▶ After 1 hour - completely hemiplegic and lost his ability to speak
- ▶ Treated according to principles of neuroprotection and fully recovered



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### Guidelines for childhood stroke

- ▶ Minimal evidence
- ▶ Moderate consensus



**Key recommendations for childhood stroke**



**Antithrombotic Therapy in Neonates and Children\***

**AHA Scientific Statement**

**Management of Stroke in Infants and Children**  
A Scientific Statement From a Special Writing Group of the American Heart Association Stroke Council and the Council on Cardiovascular Disease in the Young

15 See 'Links' tab for access

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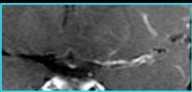
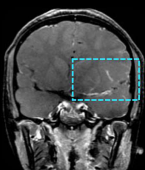
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### Example: 5-year-old with stroke

- ▶ 5-year-old boy
- ▶ MRI - big acute stroke in the left middle cerebral artery territory, MRA - drop of flow in the left internal carotid artery
- ▶ MRI with gadolinium demonstrated the sick arteries ICA and MCA which may be vasculitis disorder of these large arteries in the brain



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### Steroids in acute Focal Cerebral Arteriopathy (FCA)

- ▶ Focal Cerebral Arteriopathy
  - > General term
  - > Exact mechanism unknown
  - > 'Primary angitis of the CNS'
  - > 'Transient cerebral arteriopathy'
  - > Postvaricella vasculopathy
  
- ▶ In an acute case presenting with inflammation, should we treat with anti-inflammatory drugs, specifically steroids?

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### Steroids in acute Focal Cerebral Arteriopathy (FCA)

<p><b>Risk</b></p>  <p>Risk of serious steroid toxicity = low</p> <p>Active infection unlikely</p>	<p>vs.</p>	<p><b>Benefit</b></p>  <p>Probably inflammation</p> <p>High risk of progression with increased morbidity and mortality</p> <p>Higher BP may help perfusion</p> <p>Steroids don't worsen outcomes in adult stroke</p> <p>Weak evidence safe, beneficial</p>
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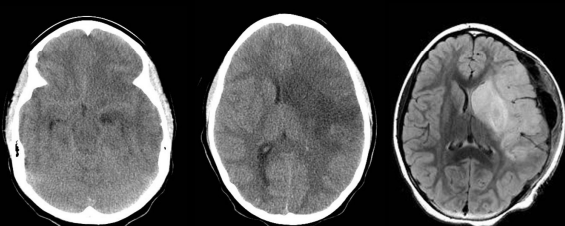
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### Example of child that developed malignant cerebral edema

- ▶ Child - didn't receive steroids developed malignant cerebral edema



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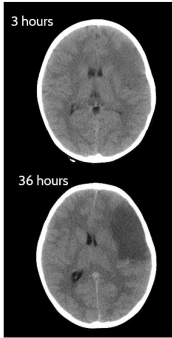
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### Malignant cerebral edema

- ▶ 1-10% supra-tentorial strokes
- ▶ Swelling max at 36-72 hrs (1/3 < 24 hrs)
- ▶ ↑ brain : skull ratio in children
- ▶ Herniation syndromes
- ▶ 80% mortality in adults
- ▶ Treatment?



Early decompressive surgery in malignant infarction of the middle cerebral artery: a pooled analysis of three randomised controlled trials

Katayama H, Yamamoto H, Yoshida H, et al. Lancet Neurol 2007; 6: 215-22

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### Epidemiology of AIS

- ▶ AIS has been fairly well-defined:

**Cerebrovascular Disorders in Children**  
*John Kylan Lynch, DO, MPH*  
Current Neurology and Neuroscience Reports 2004, 4:129-138

- ▶ 5 per 100,000 children per year
  - > Eg. ~ 1 case per month in the city of Calgary

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### Clinical presentation of AIS

- ▶ Any *sudden* neurological deficit
- ▶ Maximal at onset
- ▶ TIA has occurred in ~33%
- ▶ Confounders more common in kids
- ▶ Complicated differential diagnosis

**Mimics of Childhood Stroke: Characteristics of a Prospective Cohort**

Renée A. Shellhaas, MD, Sabrina E. Smith, MD, PhD, Erin O'Tool, BS, Daniel J. Licht, MD, Rebecca N. Ichord, MD

PEDIATRICS Volume 118, Number 2, August 2006

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### Pediatric AIS: etiology and risk factors

- ▶ Smoking, diabetes, hypertension, atherosclerosis, atrial fibrillation are NOT risk factors for pediatric AIS
- ▶ Vasculitic/inflammatory (20–30%)
- ▶ Cardiac (25%)
- ▶ Prothrombotic (10–20%)
- ▶ Traumatic (10–20%)
- ▶ Hematological (10–20%)
- ▶ Congenital/structural (10–20%)
- ▶ Other: migranous, metabolics, drugs
- ▶ Idiopathic in >20%

Majority will have multiple risk factors

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### Arteriopathy is the main cause of stroke

Risk Factor Category	<5 Years	5–9 Years	10–14 Years	15–18 Years	p <sup>a</sup>
Arteriopathy	106/229 (46%)	82/125 (66%)	57/106 (54%)	32/65 (49%)	0.006
Cardiac disorders	115/317 (36%)	39/141 (28%)	26/129 (20%)	24/80 (30%)	0.007
Chronic systemic conditions	49/321 (15%)	34/144 (24%)	26/129 (20%)	17/80 (21%)	0.15
Prothrombotic states	36/321 (11%)	16/144 (11%)	23/129 (18%)	12/80 (15%)	0.23
Acute systemic conditions	94/308 (31%)	25/142 (18%)	22/129 (17%)	7/79 (9%)	<0.0001
Chronic head and neck disorders	10/318 (3%)	17/142 (12%)	28/128 (22%)	12/79 (15%)	<0.0001
Acute head and neck disorders	81/306 (26%)	33/139 (24%)	19/124 (15%)	15/79 (19%)	0.07
Infection	72/321 (22%)	23/144 (16%)	24/130 (18%)	8/81 (10%)	0.05
At least 1 RF present	191/214 (89%)	110/118 (93%)	81/98 (83%)	59/63 (94%)	0.05

<sup>a</sup>Chi-square p value to test whether the proportion of children with each risk factor is independent of age group. RFs for atherosclerosis in adulthood were not included because they were recorded in few patients. Other RFs were not included because this category combines a range of risk factors. AIS = arterial ischemic stroke; RF = risk factor.

Arterial Ischemic Stroke Risk Factors: The International Pediatric Stroke Study

Mark T. Mackay, MBBS,<sup>1</sup> Max Wainzner, MD,<sup>2</sup> Susan L. Benedict, MD,<sup>2</sup> Katherine J. Lee, MSc, PhD,<sup>3</sup> Gabriele A. deVaber, MSc, MD,<sup>3</sup> and Vijaya Ganesh, MD,<sup>3</sup> on behalf of the International Pediatric Stroke Study Group  
[www.HSTalks.org/148148148](http://www.HSTalks.org/148148148)

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### Childhood cerebral arteriopathies

- ▶ Infection/inflammation?
  - > Transient cerebral arteriopathy (TCA)
  - > Focal cerebral arteriopathy (FCA)
  - > Childhood primary angiitis of the CNS (cPACNS)
  - > Post-varicella angiopathy (PVAR)
- ▶ Dissection
- ▶ Moyamoya
- ▶ Sickle cell
- ▶ Congenital/genetic

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**The VIPS study**

**Infection, vaccination, and childhood arterial ischemic stroke**

Results of the VIPS study

Heather J. Fullerton, MD, MAS, Nancy K. Hills, PhD, Mitchell S.V. Elkind, MD, MS, Michael M. Dowling, MD, PhD, Max Wintermark, MD, Carol A. Glasen, DVM, MD, Marilyn Tan, MD, Michael J. Rivkin, MD, Luigi Titomanlio, MD, PhD, A. James Barkovich, MD, Gabrielle A. deVeber, MD, MSc  
On behalf of the VIPS Investigators

Neurology® 2015;85:1459-1466

- ▶ VIPS: Vascular Effects of Infection in Pediatric Stroke
- ▶ n=355
- ▶ Recent infection = 6.3-fold AIS risk
- ▶ Similar across stroke subtypes
- ▶ Vaccination = LOWER risk (OR 7.3)

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**Example: 15-year-old**

- ▶ 15-year-old boy collapsed
- ▶ Decreased level of consciousness, multiple brainstem abnormalities
- ▶ MRA - occlusion of the distal basilar artery with signs of dissection
- ▶ MRI - small strokes throughout the posterior circulation
- ▶ Treatment: heparin, fully recovered

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**Arterial tortuosity as an imaging biomarker**

**Arterial Tortuosity: An Imaging Biomarker of Childhood Stroke Pathogenesis?**

Felix Wei, Karl T. Diedrich, Heather J. Fullerton, Gabrielle deVeber, Max Wintermark, Jacquie Hodge, Adam Kirton and the Vascular Effects of Infection in Pediatric Stroke (VIPS) Investigators, MM Dowling, SL Benedict, TJ Bernard, CK Fox, NR Friedman, WD Lo, RN Ichord, MA Tan, MT Mackay, Chavez MI Hernandez, P Humphreys, LC Jordan, SM Sultan ... See all authors  
Originally published 22 Mar 2016 | <https://doi.org/10.1161/STROKEAHA.115.011331> | Stroke. 2016;47:1265-1270

- ▶ Kids with dissection and kids with FCA have higher arterial tortuosity
- ▶ The way arteries are built, and their structural integrity may be associated with the risk for stroke
- ▶ Tortuosity - an imaging biomarker

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**Sickle-cell disease:  
primary and secondary prevention**

- ▶ Trials conducted:
  - > STOP trials
  - > SWITCH trial
  - > TWITCH trial
  - > Small vessel trial
- ▶ Preventing stroke:
  - > Transcranial Doppler (TCD)
  - > Transfusion therapy



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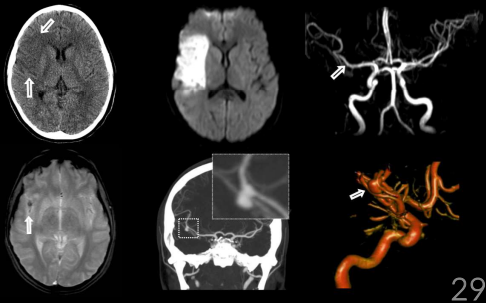
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**Example: 9-year-old**

- ▶ 9-year-old girl with acute stroke and fever - endocarditis



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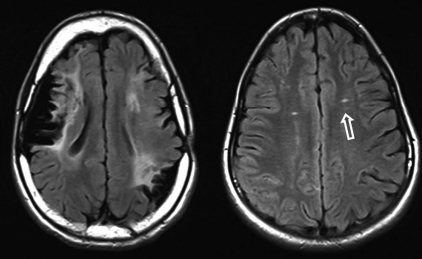
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**Example: brother and sister**



- ▶ Family history of moyamoya disease - slowly progressive disease

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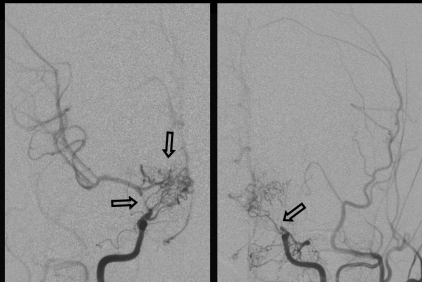
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Example: brother and sister



- ▶ Family history of moyamoya disease - slowly progressive disease
- ▶ Treatable with revascularization surgery procedures

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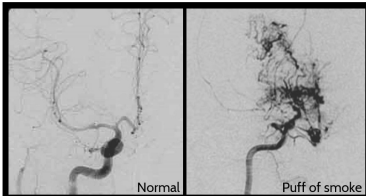
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Moyamoya disease

- ▶ Progressive ICA occlusion
- ▶ SCD, NF1, T21, R/T
- ▶ TIA's with crying or HV
- ▶ Stroke: Ischemic or bleed
- ▶ Treatments
  - > Medical
  - > Surgical



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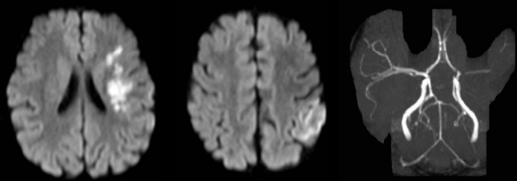
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Example: 5-year-old with dwarfism

- ▶ Sudden onset right-sided weakness and dysphasia



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Fibromuscular dysplasia in children

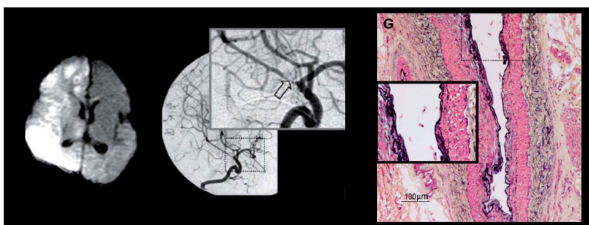
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doi:10.1093/brain/awt111      Brain 2015; Page 1 of 11 | 1

**BRAIN**  
A JOURNAL OF NEUROLOGY

**Fibromuscular dysplasia and childhood stroke**

Adam Kirton,<sup>1</sup> Megan Holland,<sup>1</sup> Suzanne Benetos,<sup>2</sup> Aleksandra Mironko,<sup>3</sup> Derek Armstrong,<sup>4</sup> Andrew Wade,<sup>4</sup> Guillaume Sobue,<sup>5</sup> Ana-Maria Crous-Tianaclic,<sup>6</sup> and Gabrielle deVabou<sup>7</sup>




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ADA2 can cause recurrent small strokes  
in children

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THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

**Early-Onset Stroke and Vasculopathy  
Associated with Mutations in ADA2**

Q. Zhou, D. Yang, A.K. Ombrello, Andrey V. Zavalov, C. Torco, Anton V. Zavalov, D.L. Stone, J.J. Chae, S.D. Rosenzweig, K. Bishop, K.S. Barron, H.S. Koehn, P. Hoffmann, A. Negro, W.L. Tsai, E.W. Cowers, W. Pei, J.D. Miller, C. Shih, T. Heller, D.T. Chin, N.J. Patronas, J.S. Barber, C.-C.R. Lee, G.M. Wood, A. Ling, S.J. Kelly, D.E. Kleiner, J.C. Mullikin, N.J. Ganson, H.H. Kong, S. Hambleton, F. Gandotti, M.M. Quezada, K.R. Calvo, H. Alao, B.K. Barham, A. Jones, J.F. Meschia, B.B. Worrall, S.E. Kasner, S.S. Rich, R. Goldbach-Mansky, M. Abinun, E. Chalom, A.C. Gotte, M. Punaro, V. Pascual, J.W. Verbsky, T.R. Torgerson, N.G. Singer, T.R. Gershon, S. Ozon, O. Karadag, T.A. Fleisher, E.F. Remmers, S.M. Burgess, S.L. Moir, M. Gidina, R. Sood, M.S. Hershey, M. Boehm, D.L. Kastner, and I. Aksentjevich

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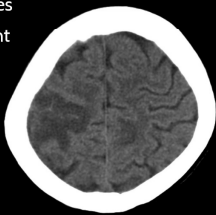
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Example: 12-year-old

- ▶ 12-year-old boy with inflammatory bowel disease, on steroids, bloody diarrhea, and iron-deficient
- ▶ Left side weakness, and new headaches
- ▶ CT scan - hypodense infarct in the right and left hemisphere



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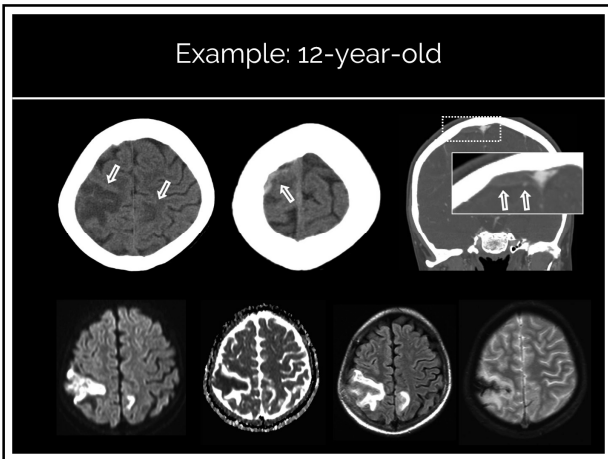
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**Cerebral sinovenous thrombosis (CSVT)  
in children**

**CEREBRAL SINOVENOUS THROMBOSIS IN CHILDREN**

GABRIELLE DEVEBER, M.D., MAUREEN ANDREW, M.D., COLEEN ADAMS, M.B., BRUCE BJORNSON, M.D., FRANCES BOOTH, M.D., DAVID J. BUCKLEY, M.B., CH.B., CAROL S. CAMFIELD, M.D., MICHELE DAVID, M.D., PETER HUMPHREYS, M.D., PIERRE LANGEVIN, M.D., E. ATHEN MACDONALD, M.D., AND JANE GILLET, M.D., FOR THE CANADIAN PEDIATRIC ISCHEMIC STROKE STUDY GROUP\*

*N Engl J Med, Vol. 345, No. 6 - August 9, 2001*

<b>Different presentations</b>	<b>Different risk factors</b>
Slower progression	Infection
Headache	Dehydration
Increased ICP	Chronic disease
Seizures	Blood clotting disorders

36

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**Cerebral sinovenous thrombosis (CSVT)  
in children**

**CEREBRAL SINOVENOUS THROMBOSIS IN CHILDREN**

GABRIELLE DEVEBER, M.D., MAUREEN ANDREW, M.D., COLEEN ADAMS, M.B., BRUCE BJORNSON, M.D., FRANCES BOOTH, M.D., DAVID J. BUCKLEY, M.B., CH.B., CAROL S. CAMFIELD, M.D., MICHELE DAVID, M.D., PETER HUMPHREYS, M.D., PIERRE LANGEVIN, M.D., E. ATHEN MACDONALD, M.D., AND JANE GILLET, M.D., FOR THE CANADIAN PEDIATRIC ISCHEMIC STROKE STUDY GROUP\*

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**Pediatric CSVT: diagnosis**

CT Venography (CTV)      MR Venography (MRV)

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**Thrombophilias are associated with childhood CSVT**

**Impact of Thrombophilia on Risk of Arterial Ischemic Stroke or Cerebral Sinovenous Thrombosis in Neonates and Children**

**A Systematic Review and Meta-Analysis of Observational Studies**

Gili Kenet, MD<sup>1\*</sup>; Lisa K. Linkhoff<sup>2\*</sup>; Manuela Albisetti, MD; Timothy Bernard, MD; Mariana Bonduel, MD; Leonardo Brandao, MD; Stephane Chabrier, MD; Anthony Chan, MD; Gabrielle deVeber, MD, MAS; Barbara Fiedler, MD; Heather J. Fullerton, MD, MAS; Neil A. Goldenberg, MD, PhD; Eric Grabowski, MD; Gudrun Günther, MD; Christine Heller, MD; Susanne Holzhauser, MD; Alfonso Iorio, MD; Janna Journeysake, MD; Ralf Junker, MD; Fenella J. Kirkham, MD; Karin Kurnik, MD; John K. Lynch, MD; Christoph Male, MD; Marilyn Manco-Johnson, MD; Rolf Mesters, MD; Paul Montague, MD; C. Heleen van Ommen, MD; Leslie Raffini, MD; Kevin Rostásy, MD; Paolo Simioni, MD; Ronald D. Sträter, MD; Guy Young, MD; Ulrike Nowak-Göttl, MD

*Circulation*. 2016;121:1838–1847

- ▶ Family history and thrombophilic testing may be necessary in children with CSVT

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**Anticoagulants in pediatric CSVT**

**Anticoagulants in Pediatric Cerebral Sinovenous Thrombosis**

**A Safety and Outcome Study**

Mahendranath D. Moharir, MBBS,<sup>1</sup> Manohar Shroff, MD,<sup>2</sup> Derek Stephens, MSc,<sup>1</sup> Ann-Marie Pontigon, MBA,<sup>3</sup> Anthony Chan, MBBS,<sup>4</sup> Daune MacGrégor, MD,<sup>1</sup> David Mikulis, MD,<sup>5</sup> Margaret Adams, BScN<sup>3</sup> and Gabrielle deVeber, MD<sup>1,3</sup>

*ANN NEUROL* 2010;67:590–599

- ▶ 162 children with CSVT
- ▶ 85 anticoagulated
- ▶ 28–37% untreated propagated thrombus
- ▶ 4–7% treated propagated
- ▶ Propagation = infarcts, poor outcome
- ▶ Bleed rate 2–6%, same outcomes

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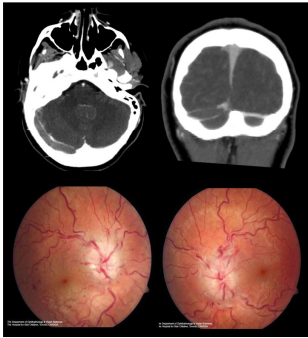
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**Pediatric CSVT: treatment**

- ▶ Anticoagulation
  - > Safe
  - > Effective
  - > Neonates
  - > Contraindications
- ▶ Thrombolysis?
- ▶ Neuroprotection
- ▶ ICP and vision: Diamox



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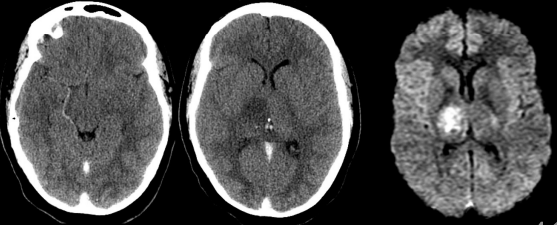
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**Pediatric CSVT example: 15-year-old**

- ▶ 15-year-old girl with obesity, dehydration, on OCP with coma, papilledema



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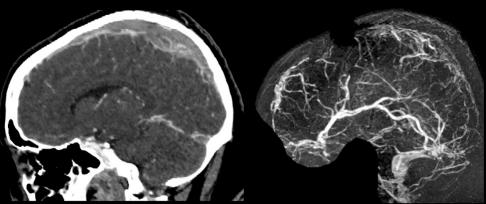
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**Pediatric CSVT example: 15-year-old**

- ▶ Treatment: anticoagulant, with 48 hrs she improved
- ▶ Completely resolved the thrombosis



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Example: 13-year-old

- ▶ 13-year-old girl, collapsed, with a new headache and dense hemiparesis
- ▶ CT scan, decompressed
- ▶ Underlying arteriovenous malformation



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Hemorrhagic stroke:  
epidemiology

Cerebrovascular Disorders in Children

*John Kylan Lynch, DO, MPH*  
Current Neurology and Neuroscience Reports 2004, 4:129-138

- ▶ HS also occurs in children
- ▶ Possibly lower incidence than ischemic stroke
- ▶ Typical clinical presentation

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Hemorrhagic stroke:  
clinical presentation

- ▶ Location-dependent
  - > IP >> SAH, IVH, EDH, SDH
  - > Supra > infratentorial
  - > Cortical > 80%
- ▶ Signs & symptoms
  - > Headache: thunderclap
  - > Vomiting, altered LOC, seizures
  - > Focal deficits



44

Lynch, CNNR 2004; Meyer-Heim, Brain Dev 2003

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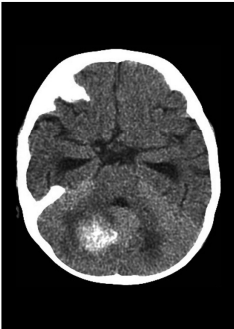
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**Hemorrhagic stroke: etiology** 45

- ▶ Vascular malformations
  - > AVM (30-80%)
  - > Cavernous malformations
- ▶ Aneurysms
- ▶ Arteriopathies
- ▶ CSVT
- ▶ Blood disorders (10-30%)
  - > Leukemia, platelets, SCD, iatrogenic
- ▶ Malignancy (2-20%)
- ▶ Trauma
- ▶ Idiopathic



Lynch, CNNR 2004; Meyer-Heim, Brain Dev 2003

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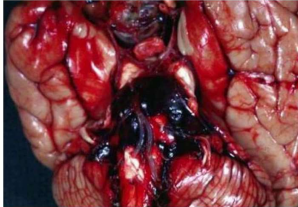
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**Hemorrhagic stroke: investigation**

- ▶ CT Head
- ▶ Lumbar puncture
- ▶ CBC, PTT, INR +/- other
- ▶ MRI
  - > Blood sensitive sequences
  - > MRA, MRV
- ▶ Conventional angiography



**46**

Lynch, CNNR 2004; Meyer-Heim, Brain Dev 2003

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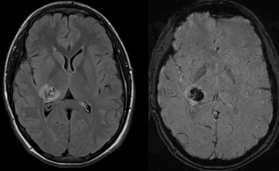
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**Example: 15-year-old**

- ▶ 15-year-old boy, sudden onset headache, left-sided hemisensory change and weakness
- ▶ MRI - acute lesion in the right thalamus
- ▶ Hemorrhage - hemorrhagic stroke



**47**

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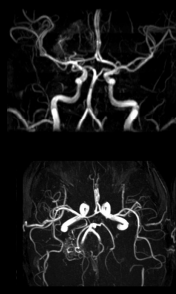
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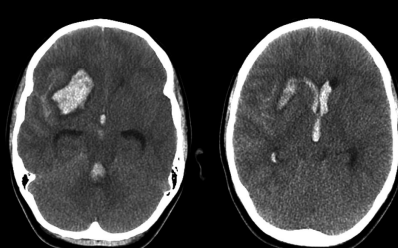
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Example: 14-year-old

- ▶ 14-year-old girl, left-sided weakness, headache, decreased level of consciousness, with large hemorrhage in the right frontal lobe



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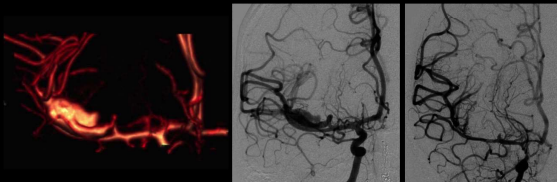
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Example: 14-year-old

- ▶ 14-year-old girl, left-sided weakness, headache, decreased level of consciousness, with large hemorrhage in the right frontal lobe
- ▶ CTA - unique aneurysm malformation of the right cerebral artery



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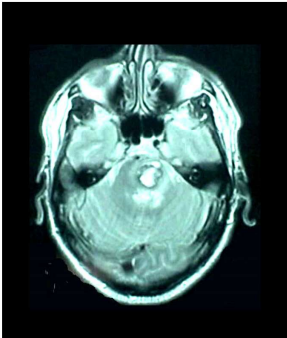


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**Cerebral Cavernous Malformations (CCM)**

- ▶ Capillary malformations
- ▶ Focal deficits, seizures, ICH
- ▶ Tx: resection

- ▶ AD
- ▶ KRIT-1
- ▶ CCM2
- ▶ PCDCC10



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**Hereditary hemorrhagic telangiectasia (HHT)**

- ▶ AD
  - > TGF-beta superfamily
  - > Endoglin (HHT1)
  - > ACVRL1 (HHT2)
- ▶ Systemic telangiectasia
  - > Pulmonary (50%)
  - > Liver (30%)
  - > Brain (10%)



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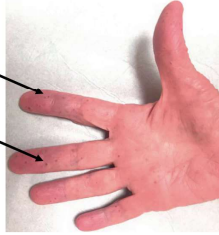
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**Hereditary hemorrhagic telangiectasia (HHT)**

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  - > Endoglin (HHT1)
  - > ACVRL1 (HHT2)
- ▶ Systemic telangiectasia
  - > Pulmonary (50%)
  - > Liver (30%)
  - > Brain (10%)



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### Strokes can happen at any age

Pediatric strokes can occur in infants, children, and even before birth

Perinatal stroke	Childhood stroke
Last few months of pregnancy to 1-month-old	1-month-old to 18 years
	 
Last few months of pregnancy	1-month-old 18 years

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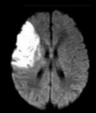
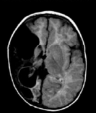
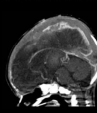
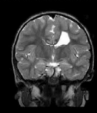
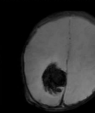
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### Perinatal stroke syndromes

Acute symptomatic	Presumed perinatal ischemic stroke
	
	
	
Neonatal Arterial Ischemic Stroke (NAIS)	Arterial Presumed Perinatal Ischemic Stroke (APPIS)
Neonatal Cerebral Sinovenous Thrombosis (CSVT)	Periventricular Venous Infarction (PVI)
Neonatal Hemorrhagic Stroke (NHS)	

52

Kirton and deVeber, *Stroke* 2013; 44:3265–3271

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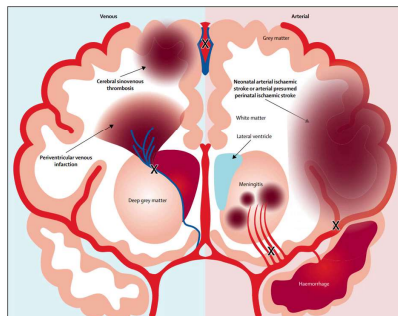
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### Perinatal stroke syndromes



53

Dunbar and Kirton, *Lancet Child Adolesc Health*. 2018 2(9):666–676

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### Perinatal stroke



- ▶ 1-day-old child with seizure, huge stroke
- ▶ Common
- ▶ No prevention
- ▶ Normal language
- ▶ Morbidity, cerebral palsy, weakness on one side, epilepsy
- ▶ No treatment?
- ▶ Poor outcomes
- ▶ Maximal developmental plasticity

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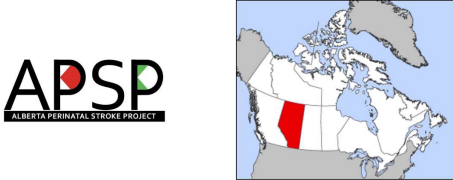
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### Alberta Perinatal Stroke Project (APSP)

- ▶ > 1:1500 live births
- ▶ *You will not incur a more focused period of risk for ischemic stroke than the week you are born*



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### What causes perinatal stroke? Possible risk factors



- ▶ Placenta
- ▶ Cardiac
- ▶ Blood clotting
- ▶ Maternal
- ▶ Pregnancy
- ▶ Obstetrical
- ▶ Neonatal
- ▶ Infections
- ▶ Arteriopathy
- ▶ Drugs
- ▶ Idiopathic in the majority

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### Placenta as a top risk factor

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### Acute inflammatory profiles of perinatal stroke

Linear Discriminant Analysis, 65 cytokines (n=186)

	Sensitivity	Specificity	Pos Pred Value	Neg Pred Value
Class: APPIS	0.86	0.99	0.86	0.99
Class: Control	0.95	0.73	0.91	0.83
Class: NAIS	0.77	0.97	0.83	0.96
Class: PVI	0.58	0.99	0.78	0.97

58 Mineyko et al., in preparation

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### Neuroprotection

- ▶ **Seizures** - control, monitor
- ▶ **Temperature** - euthermia
- ▶ **Infection** - find and Tx
- ▶ **Glucose** - euglycemia
- ▶ Airway and breathing?
- ▶ Circulation - CPP = MAP - ICP ?
- ▶ Sedation - minimize CMRO2?
- ▶ ICP?

59

Hutchison et al., Seminars in pediatric Neurology, 2004;11:139-146

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60

Neuroprotection: erythropoietin

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THE JOURNAL OF PEDIATRICS • www.jpeds.com ORIGINAL ARTICLES

**Feasibility and Safety of Erythropoietin for Neuroprotection after Perinatal Arterial Ischemic Stroke**

Marion J. Benders, MD, PhD<sup>1</sup>, Niek E. van der Aa, MD<sup>1</sup>, Maurice Bales, MPA<sup>1</sup>, Henrica L. van Straaten, MD, PhD<sup>2</sup>, Hanso Sijden, PhD<sup>3</sup>, Marc A. Viergever, PhD<sup>4</sup>, Pieter Eijndrooij, MD, PhD<sup>1</sup>, Linda S. de Vries, MD, PhD<sup>5</sup>, and Frank van Bel, MD, PhD<sup>1</sup>

**High-Dose Erythropoietin and Hypothermia for Hypoxic-Ischemic Encephalopathy: A Phase II Trial**



Yoonsoo W. Wu, MD, MPH<sup>1,2\*</sup>, Anand M. Mathur, MD<sup>3</sup>, Tian Zhang, MD<sup>1,2</sup>, Robert C. McEvoy, MD<sup>1,2</sup>, Sarah B. Mullaly, MD, PhD<sup>1,2</sup>, James C. Shinnar, MD<sup>1,2</sup>, Paul S. Tanaka, MD, PhD<sup>1,2</sup>, Robert S. Fisher, MD<sup>1,2</sup>, Francisco Gonzalez, MD<sup>1,2</sup>, Frank A. Gonzalez, MD<sup>1,2</sup>, James E. Jansz, MD, PhD<sup>1,2</sup>, Michael J. Mead, MD<sup>1,2</sup>, David L. Dunbar, MD<sup>1,2</sup>, Joseph C. Shann, MD<sup>1,2</sup>, Jia H. Kwon, MD<sup>1,2</sup>, Yoonsoo Wang, MD<sup>1,2</sup>, Katherine W. Kim, MD<sup>1,2</sup>, Kristina A. Rogers, PhD<sup>1,2</sup>, Robert A. Salsbery, MD<sup>1,2</sup>

PEDIATRICS Volume 137, number 6, June 2016

Journal of Pediatrics (2017) 00, 1-4  
© 2017 Elsevier America, Inc. All rights reserved. DOI: 10.1016/j.peds.2017.05.019

**ORIGINAL ARTICLE**  
Erythropoietin monotherapy in perinatal asphyxia with moderate to severe encephalopathy: a randomized placebo-controlled trial

BE Kaku<sup>1</sup>, R. Azziz<sup>1</sup>, MA Tah<sup>1</sup>, F. Shabani<sup>2</sup> and MA Bhat<sup>1</sup>

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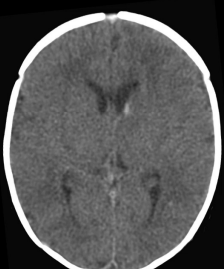
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Example: 6-day-old term neonate

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- ▶ 6-day-old baby with seizures
- ▶ CT scan - little hemorrhage



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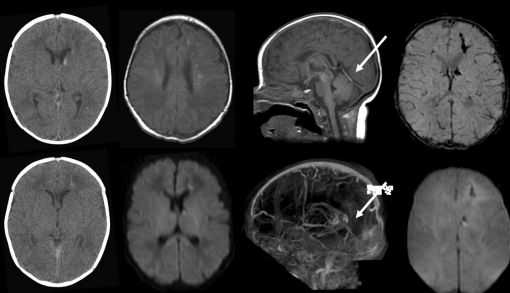
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Example: 6-day-old term neonate

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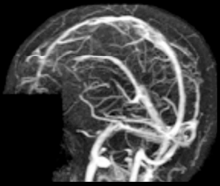
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CSVT visualization

▶ Treatment: anticoagulation



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Anticoagulants in pediatric CSVT

Anticoagulants in Pediatric Cerebral Sinovenous Thrombosis  
A Safety and Outcome Study

Mahendranath D. Moharir, MBBS,<sup>1</sup> Manohar Shroff, MD,<sup>2</sup>  
Derek Stephens, MSc,<sup>3</sup> Ann-Marie Pontigon, MBA,<sup>3</sup>  
Anthony Chan, MBBS,<sup>4</sup> Davine MacGregor, MD,<sup>1</sup> David Mikulis, MD,<sup>5</sup>  
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ANN NEUROL 2010;67:590-599

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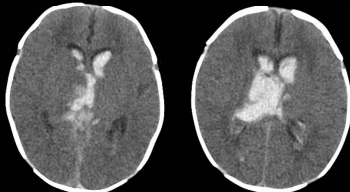
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Example: 8-day-old neonate

- ▶ 8-day-old baby with posturing and seizure
- ▶ 3 weeks later, increasing head circumference
- ▶ CT scan and MRI - deep sinovenous thrombosis



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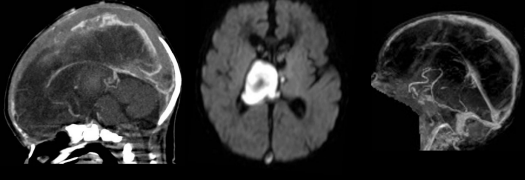
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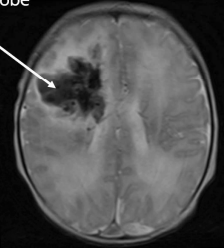
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Example: brain hemorrhage in a neonate

- ▶ Term baby with seizure
- ▶ Large hemorrhage in the right frontal lobe



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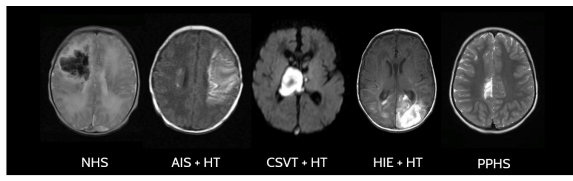
Neonatal hemorrhagic stroke research

Research

JAMA Pediatrics | Original Investigation

Population-Based Epidemiologic Study of Neonatal Hemorrhagic Stroke

Larant-Gale, BSc, Deborah Doney, PhD, Nicole Letourneau, PhD, Borries J. Hagler, PhD, Kathleen Chaput, PhD, Glen Gallagher, MD, PhD, Jacques Hudon, MD, Anjali New, MD, Adam Kirton, MD



NHS    AIS + HT    CSVT + HT    HIE + HT    PPHS

NHS + PPHS incidence: ~1:8880 live births

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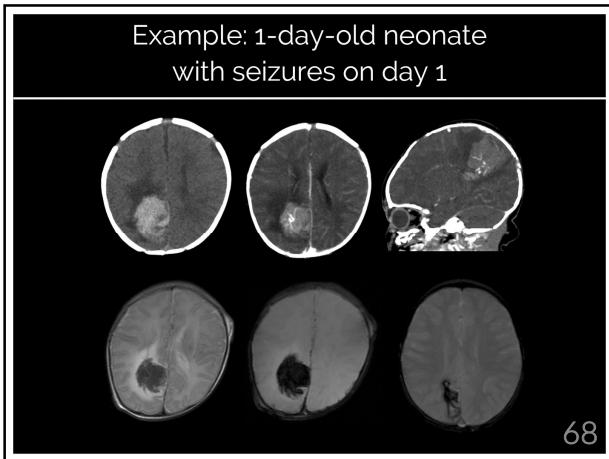
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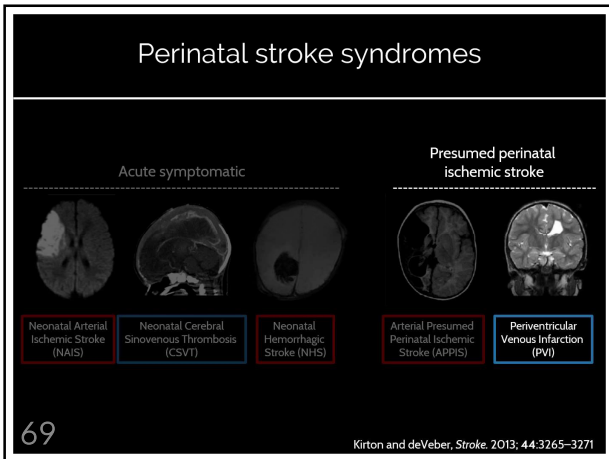
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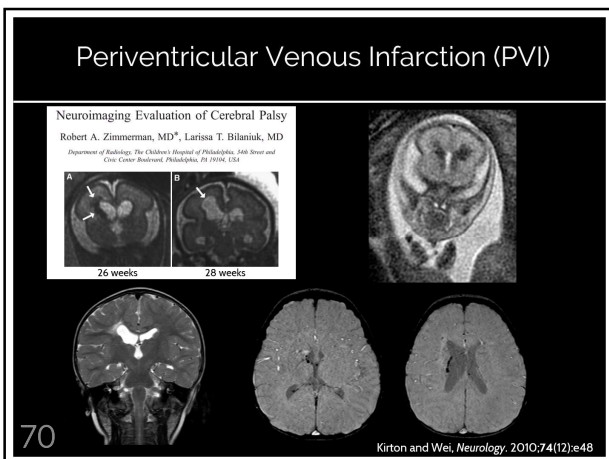
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### Learning objectives



Recognize the presentations, causes, and management of stroke in neonates and children



Appreciate the role of developmental neuroplasticity in determining the diverse range outcomes that occur

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### Perinatal stroke outcomes 72

▶ **Hemiparetic CP #1**


- ▶ Epilepsy
- ▶ Cognitive
- ▶ Language
- ▶ Psych

} ~30%

- ▶ Sensory?
- ▶ Vision: <20%
- ▶ Recurrence: <1%

**Life After Perinatal Stroke**

Adam Kirton, MD, MSc; Gabrielle deVeber, MD, MHSc  
*Stroke*, 2013;44:3265-3271.



Ballantyne et al., *Brain*, 2008;131(Pt 11):2975-85; Nelson, *Lancet Neurol* 2007; Trauner et al., *Pediatr Neurol*, 1993;9(5):383-6; Kirton et al., *Ann Neurol*, 2008;63(4):436-43; Lee et al., *Ann Neurol*, 2005;58(2):303-8.

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### Outcomes in childhood AIS

- ▶ Most suffer lifelong disability
- ▶ **Factors: age, location, size, plasticity, others...**

▶ Motor	Hemiparesis #1, dystonia
▶ Cognitive	Neuropsychological testing
▶ Behavioral	ADHD
▶ Epilepsy	15–20%, SIPS study
▶ Mental health	QOL, family

73

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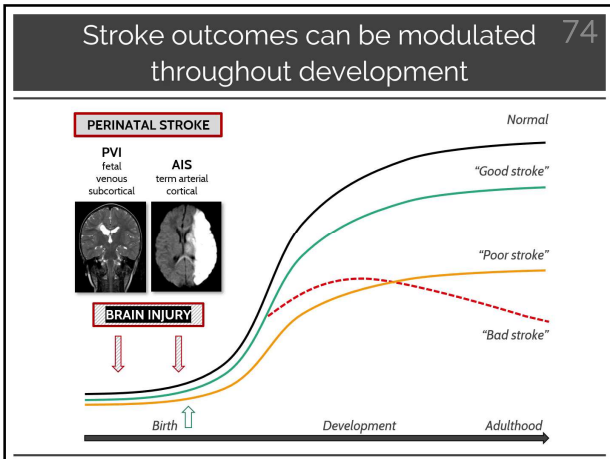
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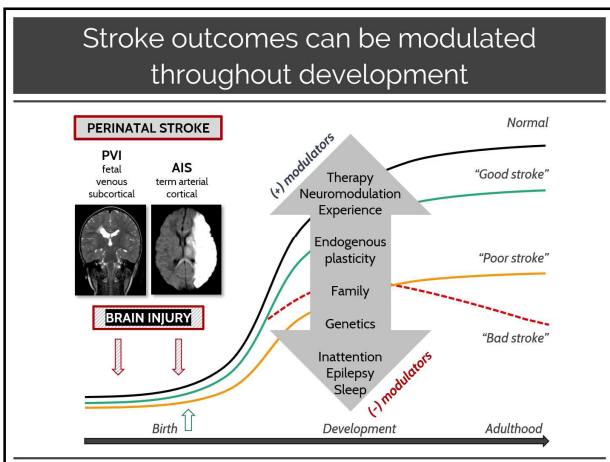
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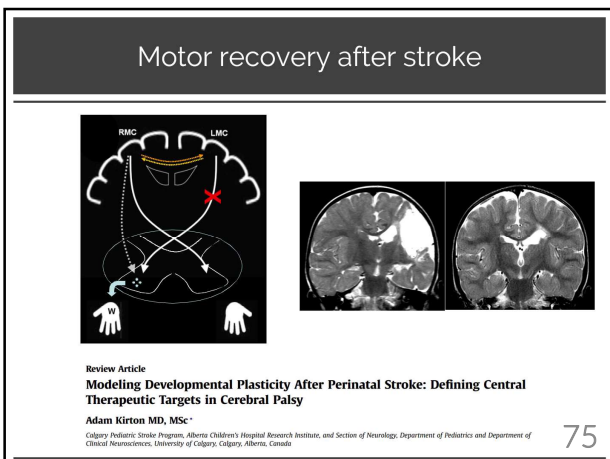
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### Robotic TMS mapping of motor cortex

76

Grab et al., *J Neurosci Methods*, 2018;309:41-54

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### Perinatal stroke plasticity imaging

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### From imaging to neuromodulation

APSP patients  
Disabling outcomes  
**MOTOR = CP**  
SENSORY?  
COGNITION?  
ATTENTION?  
VISION?  
BEHAVIOUR?  
PSYCHOLOGY?

78

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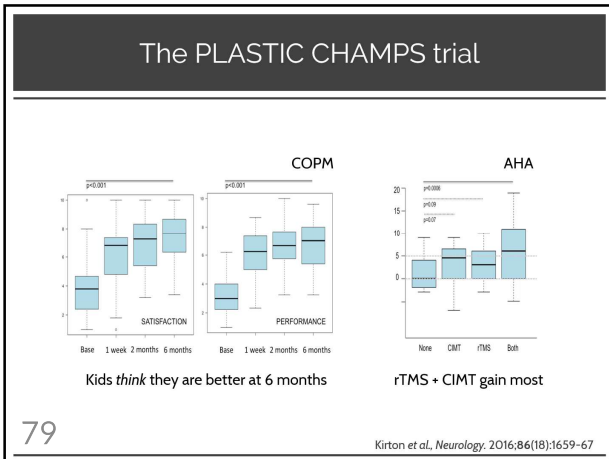
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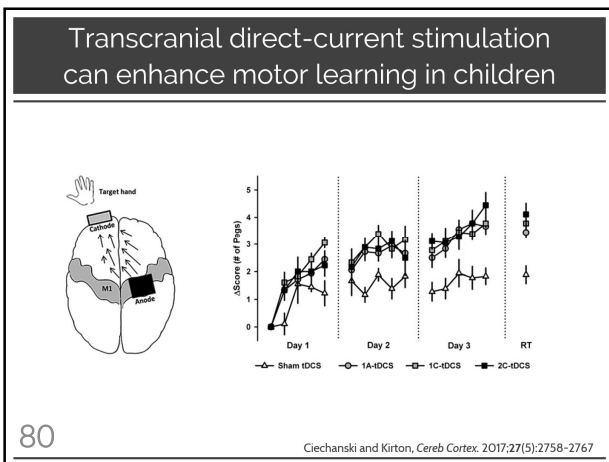
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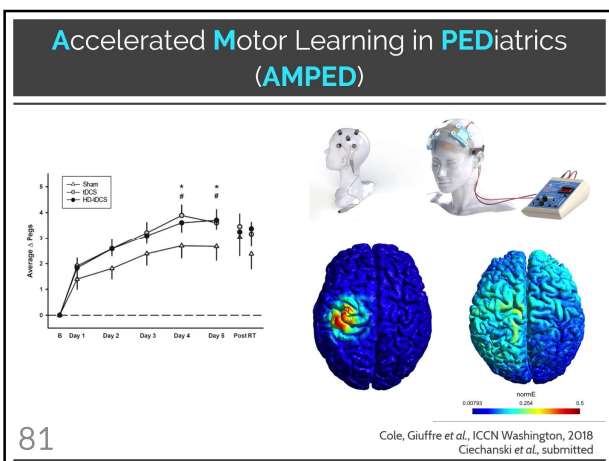
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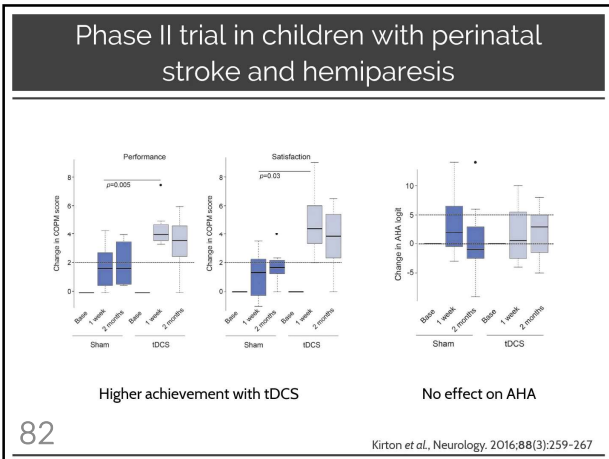
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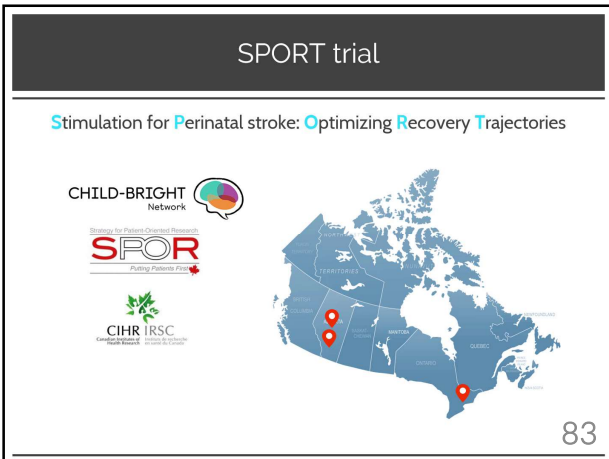
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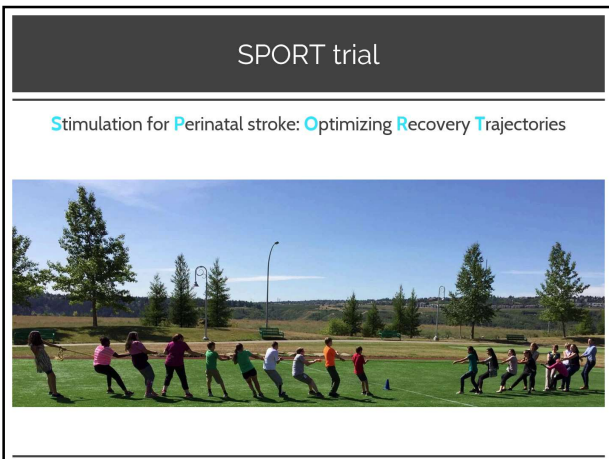
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Different goals for different patients

MEDICAL TREATMENT  
Camp offers real results for infant victims of stroke  
ANNE MCILROY – SCIENCE REPORTER



HEART & STROKE FOUNDATION  
Camp helps kids overcome stroke

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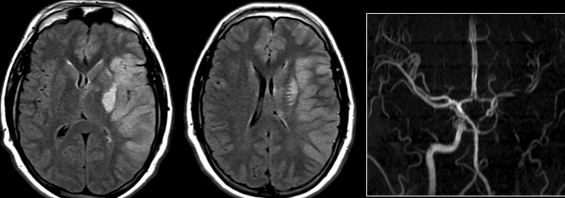
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Example: 14-year-old footballer

▶ 14-year-old high school footballer, huge left MCA stroke



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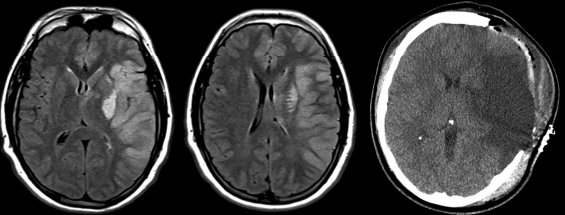
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Example: 14-year-old footballer

▶ 14-year-old high school footballer, huge left MCA stroke  
▶ His goal - he wanted to speak



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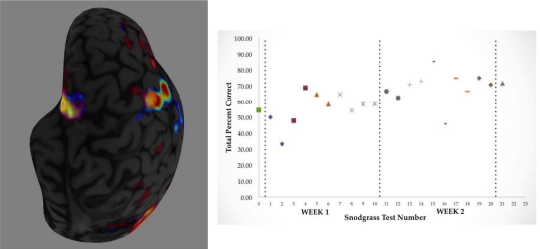
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Example: 14-year-old footballer



See 'Links' for a news story about Matt

Carlson et al., *Brain Lang.* 2016;159:23-34

The slide features a 3D brain scan on the left showing a localized area of activation in red and yellow. On the right is a line graph titled 'Snodgrass Test Number' on the x-axis (ranging from 1 to 25) and 'Total Percent Correct' on the y-axis (ranging from 0.00 to 100.00). The graph is divided into 'WEEK 1' (tests 1-10) and 'WEEK 2' (tests 11-25). Data points are represented by various colored markers (red, blue, green, yellow, orange) and show a general upward trend in performance over time, with a notable dip around test 10.

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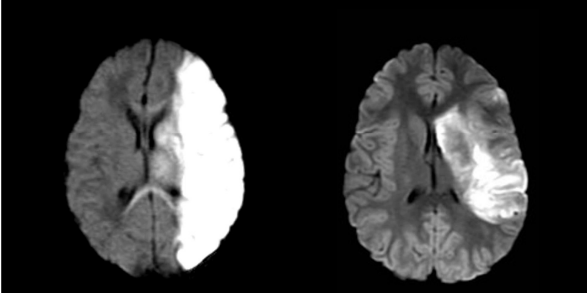
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Example of developmental plasticity



1-day-old

12-year-old

87

The slide shows two axial brain scans. The left scan, labeled '1-day-old', shows a large, bright white area on the right side of the image, representing a stroke. The right scan, labeled '12-year-old', shows the same brain area with significantly reduced white signal, indicating that the brain has adapted and reorganized itself over time to compensate for the injury.

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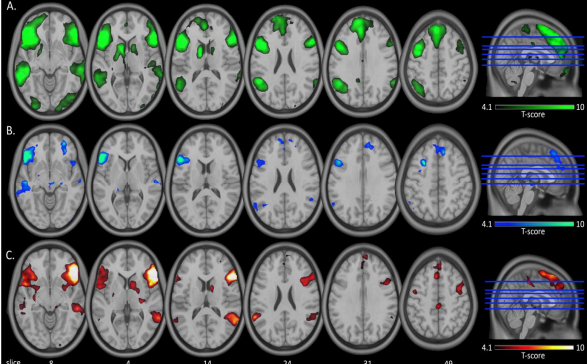
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Carlson et al., International Stroke Conference, Los Angeles, Jan 2018

The slide displays three rows of brain scan slices, labeled A, B, and C. Each row contains six axial slices and a corresponding sagittal slice on the right. The slices are overlaid with color-coded regions representing T-scores. Row A shows green and yellow regions, Row B shows blue and green regions, and Row C shows red and orange regions. A color scale legend on the right of each row indicates T-scores from 4.1 to 10. The slices are labeled with 'slice' numbers: -8, 4, 14, 24, 31, 49.

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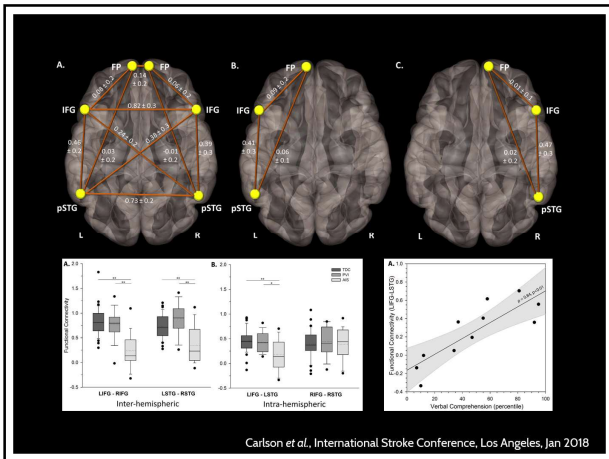
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### Education and mental health

Grief

Blame



Guilt

Fear

Original Article  
**Development, Reliability, and Validity of the Alberta Perinatal Stroke Project Parental Outcome Measure**  
 Taryn B. Bemister MSc<sup>1,2</sup>, Brian L. Brooks PhD<sup>3,4,5,6,7,8,9</sup>, Adam Kirton MD, MSc<sup>1,2,3,4,5,6,7,8,9</sup>  
 Pediatric Neurology 51 (2014) 43–52

89

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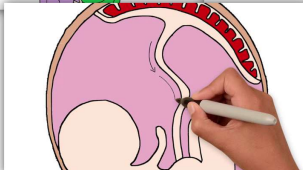
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### Parent education



THIS IS  
NOT  
YOUR FAULT



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### Community support groups



**WHEN**  
The slide Tuesday of every month  
September to June, from 7:00pm - 8:30pm.

**WHERE**  
Heart and Stroke Foundation  
Suite 100, 119 4th Street N.W., Calgary, AB  
Complimentary parking.

**CONTACT**  
Samantha Bennett  
samantha.bennett@heartandstroke.ca  
(403) 243-7558

**SUPPORT GROUP**  
FOR FRIENDS OF CHILDREN WITH  
PERINATAL STROKE

**HEART & STROKE FOUNDATION**  
www.heartandstroke.ca | www.parastroke.com

#fightthestroke

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### Success stories



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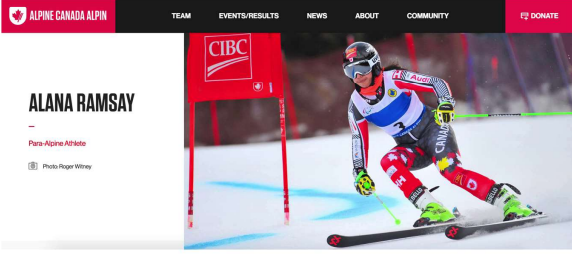
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### Success stories



ALANA RAMSAY  
Para-Alpine Athlete  
Photo: Roger Willey

ALPINE CANADA ALPIN TEAM EVENTS/RESULTS NEWS ABOUT COMMUNITY DONATE

CIBC

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Success stories

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Acknowledgements 93

Dr. Aleks Mineyko  
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Amalia Floer  
Dr. Taryn Bemister  
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Dr. Lisa Smithson

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Dr. Sultan Nelson  
Dr. Liu Shi Gan  
Dr. Cherie Kuo  
Dr. Patrick Ciechanski  
Omar Damji  
Jeff Grab  
Jack Zhang  
Tara Shannon

Calgary Stroke  
Dr. Michael Hill  
Dr. Sean Dukelow  
Dr. Andrea Kucyński  
Megan Metzler  
Felix Wei  
Lauran Cole  
Adrianna Giuffre  
Asha Hollis  
Brett Paffrath

APSP Edmonton  
Dr. Jerome Yager  
Dr. John Andersen  
Dr. Jaynie Yang  
Kathleen O'Grady  
ACH  
Eva Haspels  
Mia Herrero  
Lisa Carsolio  
Dr. Alberto Nettel

Neuroimaging  
Dr. Helen Carlson  
Dr. Xing-Chang Wei

Dr. Brad Goodyear  
Dr. Bitu Vaseghi  
Jenny Saunders

Sabrina Yu  
Brandon Craig  
Kristine Woodward  
Kayla Baker

U Toronto  
Dr. Robert Chen  
Dr. Darcy Fehlings

SickKids Stroke  
Dr. Gabrielle deVeber

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www.perinatalstroke.ca

Calgary Pediatric Stroke Program  
Department of Paediatrics

HOME ABOUT SERVICES EDUCATION NEWS RESEARCH SUPPORT TMS LAB TRAINING CONTACT

Cerebral Palsy World Day  
WORLD CEREBRAL PALSY DAY  
07.OCT.2015  
Check out NICCUP on CTV news!!!

CIHR Foundation Grants Announcement

Kirton Lab  
@PedStrokeYYC

RESEARCH  
Know more about our active projects

University of Calgary researcher, Dr. Adam Kirton, right, explains Non-Invasive Brain Stimulation to the

The Calgary Pediatric Stroke Program offers support to families

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